



# WEEKLY DANCE SCHEDULE 2024

## EXPRESSION STUDIO

## DEDICATION STUDIO

**MONDAY**

14:30 – 15:15	Modern Grade 4 Class 1	MG
15:15 – 16:15	Modern Inter-Foundation Class 1	MG
16:15 – 17:15	Tap Senior	MG
17:15 – 18:15	Musical Theatre Senior	MG
18:15 – 19:00	Acro Pre-Professional 1	LV
19:00 – 20:00	Studio Space	SS

14:15 – 15:00	Ballet Primary Class 1	GD
15:00 – 15:45	Ballet Grade 1 Class 1	GD
15:45 – 16:30	Ballet Grade 3 Class 1	GD
16:30 – 17:15	Ballet Grade 4 Class 1	GD
17:15 – 18:00	Ballet Grade 5 Class 1	GD
18:00 – 19:00	Ballet Inter-Foundation Class 1	GD
19:00 – 20:00	Ballet Advanced 1 Class 1	GD

**TUESDAY**

14:15 – 15:00	Acro Level 1 & 3	TS/LV
15:00 – 16:00	Acro Level 4 & 5	TS/LV
16:00 – 17:00	Modern Technique Class 2	MG
17:00 – 18:00	Musical Theatre Junior	MG
18:00 – 19:00	Acro Level 6	TS/LV
19:00 – 20:00	Contemporary Advanced	TS

14:15 – 15:00	Studio Space	SS
15:00 – 16:15	Ballet Intermediate Class 1	GD
16:15 – 17:00	Body Conditioning / Zumba	TS/GD
17:00 – 18:00	Ballet Pointe & Repertoire Intermed	GD
18:00 – 19:00	Ballet Advanced 1 Class 2	GD
19:00 – 20:00	Adult Zumba - Ladies	GD

**WEDNESDAY**

14:15 – 15:00	Contemporary Beginner	TS/LV
15:00 – 16:00	Contemporary Senior	TS
16:00 – 17:00	Contemporary Junior	TS
17:00 – 18:00	Contemporary intermediate	TS
18:00 – 19:00	Ballet Technique Intermediate	GT
19:00 – 20:00	Ballet Technique Senior	GT

14:15 – 15:00	Specialised Technique Junior	AD
15:00 – 16:00	Jazz Junior	AD
16:00 – 17:00	Jazz Senior	AD
17:00 – 18:00	Ballet Technique Junior	GT
18:00 – 19:00	Specialised Technique Senior	AD
19:00 – 20:00	Specialised Technique Intermed	AD

**THURSDAY**

14:15 – 15:00	Studio Space	SS
15:00 – 16:00	Hip Hop Junior	SZ
16:00 – 17:00	Hip Hop Intermediate	SZ
17:00 – 18:00	Tap Junior	MG
18:15 – 19:15	Hip Hop Senior	SZ
19:00 – 20:00	Studio Space	SS

14:15 – 14:45	Ballet Primary Class 2	GD
14:45 – 15:30	Ballet Grade 4 Class 2	GD
15:30 – 16:15	Ballet Intermediate Class 2	GD
16:15 – 17:15	Ballet Grade 5 Class 2	GD
17:15 – 18:15	Ballet Pointe & Repertoire Senior	GD
18:15 – 19:15	Ballet Inter-Foundation Class 2	GD
19:15 – 20:15	Ballet Unset	GD

**FRIDAY**

14:15 – 15:00	Tumbling Junior	TS
15:00 – 16:00	Acro Group Junior	TS
16:00 – 17:00	Acro Group Senior	TS
17:00 – 18:00	Tumbling Senior	TS
18:00 – 19:00	Studio Space	SS

14:15 – 15:00	Ballet Pre-Pointe Junior	GD
15:00 – 16:00	Ballet Advanced 1 Class 3	GD
16:15 – 17:00	Ballet Grade 1 Class 2	GD
17:15 – 18:00	Ballet Grade 3 Class 2	GD
18:00 – 19:00	Studio Space	GD

**SATURDAY**

09:00 – 09:30	Studio Space	SS
09:30 – 10:15	Studio Space	SS
10:15 – 11:15	Competition Team (Mini)	TS/LV
11:00 – 11:45	Acro Pre-Primary	TS
11:45 – 12:30	Acro Primary	TS
13:00 – 14:00	Solo Class Junior	ROT
14:00 – 16:00	Competition Team (Squad)	ROT

09:00 – 09:30	Glam Tots	GD
09:30 – 10:15	Ballet Pre-Primary Prep	GD
10:15 – 11:00	Ballet Pre-Primary	GD
11:00 – 11:45	Modern Grade 1	GD
11:45 – 12:30	Modern Pre-Primary	GD
13:00 – 14:00	Solo Class Senior	ROT
14:00 – 16:00	Competition Team (Stars)	ROT

AD – Alexandra Dos Santos

TS – Tamzin Stone

GD – Gemma Dippenaar

GT-Guest Teacher

MG - Michaela Grobler

SZ- Shaun Zitha

SS – Studio Space

ROT – Rotate

LV – Lara Visagie